Lesson Plan					
Name of Institute	: Ambala College of Engineering and Applied Research				
Name of the Faculty member	: Ashwani Verma (Assistant Professor)				
Discipline	: Mechanical Engineering				
Semester	: 4 th				
Subject	: Mechanics of Solids-II	(MEC-206 A)			
Lesson Plan Duration	: 15 weeks (from January 2020 to Apri	2020)			
Work Load	: L-3 T-1 P-0				

Week	Theory		Practical	
	Lecture day	Topic (including assignment/test)	Practical day	Торіс
1 st	1 st	UNIT-I Strain Energy & Impact Loading: Definitions.		
	2 nd	Expression for strain energy stored in a body when load is applied gradually.	1 st	
	3 rd	Expression for strain energy stored in a body when load is applied suddenly/with impact.	Ŧ	
	4 th	Numericals.		
	5 th	Strain energy of beams in bending.	2 nd	
and	6 th	Strain energy of beams in bending.		
	7 th	Beam deflections.		
	8 th	Numericals.		
	9 th	Strain energy of shafts in twisting. Energy methods in determining spring deflection.	3 rd	
2 rd	10 th	Castigliano's theorem.		
3	11 th	Theories of Elastic Failures: Various theories of elastic failures with derivations and graphical representations.		
	12 th	Numericals.		
4 th	13 th	Applications to problems of 2- dimensional stress system with (i) Combined direct loading and bending.	4 th	
	14 th	Applications to problems of 2- dimensional stress system with (ii) combined torsional and direct loading. Assignment.		
	15 th	Class Test-1		
	16 th	Numericals.		
	17 th	TEST-1		
5 th	18 th	UNIT-II Thin Walled Vessels: Hoop & Longitudinal stresses & strains in cylindrical vessels & their derivations under internal pressure.	5 th	
	19 th	Hoop & Longitudinal stresses & strains in cylindrical vessels & their derivations under internal pressure.		
	20 th	Numericals.		
6 th	21 st	Hoop & Longitudinal stresses & strains in spherical vessels & their derivations under internal pressure.		
	22 nd	Hoop & Longitudinal stresses & strains in spherical vessels & their derivations under internal pressure.	6 th	
	23 rd	Wire would cylinders.		
	24 th	Numericals.		
7 th	25 th	Thick Cylinders & Spheres: Derivation of Lame's equations.		
	26 th	Derivation of Lame's equations.	7 th	
	27 th	Radial & hoop stresses and strains in thick subjected to internal fluid pressure only.	,	
	28 th	Numericals.		

8 th	29 th	Radial & hoop stresses and strains in compound cylinders subjected to internal fluid pressure only		
	30 th	Radial & hoop stresses and strains in compound cylinders subjected to internal fluid pressure only.	oth	
	31 st	Radial & hoop stresses and strains in spherical shells subjected to internal fluid pressure only.	. 0	
	32 nd	Numericals.		
	33 rd	Hub shrunk on solid shaft.		
	34 th	Class Test-2		
9 th	35 th	UNIT-III Rotating Rims & Discs: Stresses in uniform rotating rings & discs.	9 th	
	36 th	Numericals.	L	
	37 th	Rotating discs of uniform strength.		
10 th -	38 th	Stresses in (I) rotating rims, neglecting the effect of spokes.	10 th	
	39 th	Stresses in (ii) rotating cylinders, hollow/ solid cylinders. Assignment		
	40 th	Numericals.		
11 th	41 st	TEST-2	11 th	
	42 nd	Springs: Stresses in closed coiled helical springs.		
	43 rd	Stresses in open coiled helical springs subjected to axial loads and twisting couples.		
	44 th	Numericals.		
	45 th	Leaf springs.		
th	46 th	Flat spiral/ Concentric springs.	th	
12 th	47 th	UNIT-IV Bending of Curved Bars: Stresses in bars of initial large radius of curvature.	12."	
	48 th	Numericals.		
	49 th	Stresses in bars of initial small radius of curvature. Stresses in crane hooks.		
13 th	50 th	Stresses in rings of circular & trapezoidal sections.	13 th	
	51 st	Deflection of curved bars & rings.		
	52 nd	Numericals.		
	53 rd	Deflection of rings by Castigliano's theorem.		
14 th	54 th	Stresses in simple chain links, deflection of simple chain links.		
	55 th	Unsymmetrical Bending: Introduction to unsymmetrical bending. Stresses due to unsymmetrical bending. Deflection of beam due to unsymmetrical bending.	14 th	
	56 th	Numericals.		
15 th	57 th	Shear center for angle and channel sections. Assignment.		
	58 th	Class Test-3	15 th	
	59 th	Shear center for I-sections. Numerical.	CT	
	60 th	TEST-3		